



Pediatric Cardiology Center of Oregon

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PRE-PROCEDURE GUIDELINES

Medications:

Surgery:

- Coumadin (Warfarin): Stop 5 days before surgery
- Aspirin: Stop 7-14 days before surgery - **Not all patients**, check w/ cardiologist
- All other medications: Do not take the morning of surgery

Cardiac Catheterization:

- Coumadin (Warfarin): Stop 5 days before procedure (unless otherwise directed by cardiologist)
- Aspirin: Take as normal until the morning of procedure, do not take the morning of the cath.
- All other medications: Do not take the morning of the cath procedure.

Ablation:

- Stop any rhythm medications (i.e. verapamil, digoxin, sotalol) 2 full days before the procedure. (Friday ablations, no meds Wednesday or Thursday)

Checking In:

Children check in at Randall Children's Hospital front desk. Adults typically check in at Medical Office Building 2 at 501 N. Graham St. (unless directed otherwise)

Surgery: Check in at 5:30 a.m. (unless otherwise directed)

Cardiac Catheterization and Ablations: You will be notified by phone of your specific check-in time 2-7 days before the procedure. It is usually between 6:00 am – 9:00 am.

Vaccinations: All vaccinations can be given if it is at least 2 days before surgery EXCEPT:

- MMR should be given at least 2 weeks before surgery
- Varicella should be given at least 4 weeks before surgery

NPO Instructions:

It is important to stop eating/drinking before the procedure. NPO guidelines are as follows:

STOP:

- Solid food: 8 hours before check-in
- Formula/non-human milk: 6 hours before check-in
- Breast milk: 4 hours before check-in
- Clear liquids: 2 hours before check-in

Illness:

If you/your child gets sick, the procedure will most likely need to be postponed to allow for recovery time. Contact the cardiology clinic ASAP if you or your child begins to show symptoms of a cold or flu.